

# **AL-ANON DISTRICT IV HOSTS FOURTH ANNUAL REACHING FOR PERSONAL FREEDOM WORKSHOP**

## **Legacies “R” Us**

**Recovery through utilizing the Steps  
Unity through utilizing the Traditions  
Service through utilizing the Concepts**

**Sat, Oct 21st 9:00 to 3:30  
Greenhill Presbyterian Church  
3112 Pennsylvania Avenue  
Wilmington, Delaware, 19807**

### **Agenda**

**8:00- Help with set-up  
9:00 – 9:30 Fellowship  
9:30 – 10:00 Opening  
10:00 – 10:15 Meditation  
10:15 – 11:15 Steps of Recovery Workshop and group sharing  
11:30 – 12:30 Traditions of Unity Workshop and group sharing  
12:30 – 1:00 Lunch  
1:00 – 2:00 Questions & Answers Forum  
2:00 – 3:00 Concepts of Service Workshop and group sharing  
3:00 – 3:30 Closing  
3:30 – Help with Clean-Up**

**Everyone in the recovery community is welcome.  
There will be a Reaching for Personal Freedom Raffle Basket.  
Bring Your Favorite Snack with Recipe to Share, your own lunch & beverage.  
Coffee, tea, ice, cups, plates & utensils will be provided.**

**The Questions & Answer Forum is soliciting questions anyone may have about Al-Anon/Alateen. You may write your questions out ahead of time and place them in an “ASKIT BASKET” as you enter or ask them the day of the event.**

**Contact people for this event are Diane S. @ 609-577-0349 or [senerthd@gmail.com](mailto:senerthd@gmail.com)  
& Lesley G. @ 302-985-3459 or [pensions@comcast.net](mailto:pensions@comcast.net)**